

FORTUNE COOKIES

Making fortune cookies is a bit tricky, so it's best tackled with friends in a spirit of fun. I've added some printable fortunes after the recipe shopping list. You can also find these in my Chinese Entertaining hub along with styling tips, handicrafts to make and a music playlist to enjoy while you cook and eat.



Makes: 40 cookies

Time: 1-2 hours



INGREDIENTS

90 grams (3.2 oz) egg whites (approx. 3), at room temperature
90 grams (3.2 oz) caster sugar
60 grams (2.1 oz) unsalted butter, melted
½ teaspoon almond essence
½ teaspoon vanilla essence
60 grams (2.1 oz) water
100 grams (3.5 oz) plain flour
1 pinch fine salt



METHOD

1. First, make your fortunes. Print and cut out my templates or cut 40 small rectangles of paper (1 x 6 cm). Write individual fortunes on each piece. Set aside until ready to fold cookies.
2. Preheat oven to 180°C. Line 2 baking trays (30 x 40 cm) with silicone mats and set aside. Have an empty muffin tray ready too.
3. **Insert butterfly whisk.** Place egg whites and sugar into mixing bowl and mix **30 sec/speed 3.**
4. Add melted butter, almond essence, vanilla essence and water and mix **30 sec/speed 3.**
5. Add flour and salt and mix **20 sec/speed 2. Remove butterfly whisk.**
6. Scrape down sides of mixing bowl with spatula and lightly fold in any remaining flour until just combined. Transfer mixture into a bowl.
7. Spoon a dessert-spoonful of batter onto the first tray and use the back of the spoon to spread it into a circle (approx. 10 cm diameter). Repeat to make two more cookies, leaving a 2 cm gap between each cookie, and making 3 circles per tray.
8. Bake for 6-8 minutes (180°C), until the very edge of the cookie just starts to turn golden. While the first tray is baking, prepare the second tray with 3 circles of batter.

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9. Remove tray from oven and move quickly to shape the cookies before they set. Using a palette knife or similar, gently pick the cookie off the tray and turn it upside down onto a clean surface. Place a fortune paper in the middle and fold the cookie in half. Pick up the semi-circle, place the straight edge over the lip of a cup and gently bend down both sides to form a crescent. Place fortune cookie into muffin tray so it holds its shape as it cools. Repeat with the other cookies.

10. Continue with the remaining batter, preparing each tray while the other is cooking, and folding quickly before cookies set, then placing them in muffin trays.

11. If cooled cookies are not hard, crisp and golden, transfer them to flat baking trays. Turn oven off. Leave oven door open for 1 minute to cool down a little, then place formed cookies into cooling oven, close door, and leave until cold. This will make them hard, crisp and golden.

12. Eat straight away or allow cookies to cool completely before storing in a sealable container. They will soften unless completely hard and dry before storage (see step 11).

Tips

- Folding the cookies before they harden is much easier on a warm day – they harden fast in a cold kitchen. It's a good idea to practice this recipe before making it for a special occasion.
- If you're finding it hard to fold your fortune cookies before they harden, make just 2 at a time and bake them a little less before removing from oven.
- Baking paper can be used instead of a silicone mat but it's harder to work with.



FORTUNE COOKIES

Makes: 1 cup



SHOPPING LIST:

- Egg whites (90 grams / 3.2 oz / approx. 3 eggs)
- Caster sugar (90 grams / 3.2 oz)
- Unsalted butter (60 grams / 2.1 oz)
- Almond essence (½ tsp)
- Vanilla essence (½ tsp)
- Water (60 grams / 2.1 oz)
- Plain flour (100 grams / 3.5 oz)
- Fine salt (pinch)



NOTES & TIPS:

Good things are coming your way	The next time you see a black cat, your relationships will become better...or worse
An opportunity is coming your way - grasp it!	If you have breakfast for dinner and dinner for breakfast, you will live to 100
Your foot will break while playing soccer	If you are not awesome your toilet paper will turn to sand paper
If you get exactly 7hrs, 2mins, 22secs of sleep tonight, tomorrow a unicorn will be by your bed	You will be on the cover of a magazine next year
Don't take the ones you love for granted	If you have blue eyes a dog will lick your face
A tricky situation is destined. Trust your gut	Turn around. A surprising glimpse shows you your future
A bird will poo on your head.	All is not as it seems - be optimistic and enjoy your good fortune
Something will fall from the sky	Beware the falling leaf
Speakers will blow your ears	Sniff your armpit for good luck
A cactus will spike you in the face	Waggle your head and touch your ears to ensure good luck for 1 year
A mouse will eat all your cheese	Birds will show you the way to happiness
A cloud will make you dance	Early to bed and early to rise...but why?
Look for the shiny path opening up before you	Leave no grain of rice uneaten
Good luck is coming your way	If the sun says 'yes' then the future is blessed
If you breathe in the next minute your face will turn purple	Rain will make you smile
This note is your ticket to fortune	Enjoy every day ending in Y
You will eat too much tomorrow	Every person is trying their best to be good
Gold and red behind your bed will make you very sore in the head	If your fortune cookie broke into 3 or more pieces prosperity is coming your way
Jump to the ceiling to reveal your true being	The soles of your feet will give you the answer
If you like the taste of fortune cookies you will be very happy	Never look a gift horse in the mouth...or ears

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